

## BREAKFAST MENU

### CONTINENTAL BUFFET BREAKFAST 25

Selection of chilled fresh juice  
Selection of freshly cut and whole fruits  
Assorted cereals and grains with fresh and skimmed milk  
Natural yoghurt (full cream or low fat) with fruit coulie  
Oven fresh croissant, rolls, danish or muffins  
Choice of toast; white, rye, raisin, multi-grain or wholemeal  
Assorted cold cuts and cheeses  
Freshly brewed coffee, decaffeinated coffee, hot chocolate, tea or herbal infusion

### THE NEW ZEALAND BUFFET BREAKFAST 32

Selection of chilled fresh juice  
Selection of freshly cut and whole fruits  
Assorted cereals and grains with fresh and skimmed milk  
Natural yoghurt (full cream or low fat) with fruit coulie  
Oven fresh croissant, rolls, danish or muffins  
Choice of toast; white, rye, raisin, multi-grain or wholemeal  
Assorted cold cuts and cheeses  
Eggs cooked any style served with grilled tomato, sautéed gourmet potatoes, sausages, crispy bacon or ham, pancakes with New Zealand apple syrup  
Rice congee with condiments  
Freshly brewed coffee, decaffeinated coffee, hot chocolate, tea or herbal infusion

### THE HEALTHY BREAKFAST ♥ 27

Selection of chilled fresh juice (orange, grapefruit or tomato)  
Seasonal fruit salad with sun dried fruits and citrus juices  
Low fat yoghurt  
Multi-grain toast with low fat butter  
Smoked salmon with condiments  
Egg white frittata with tomatoes and herbs  
Freshly brewed coffee, decaffeinated coffee, hot chocolate, tea or herbal infusion

<b>YOGHURT AND CEREALS ♥</b>	<b>9</b>
Yoghurt; strawberry, passionfruit or plain	
Cereals; Corn Flakes, Weetbix, All Bran, Toasted Muesli, Rice Crisps, Raisin Bran, with skimmed or plain milk	
Bircher muesli or hot oatmeal	
 <b>SELECTION OF SLICED FRESH SEASONAL FRUITS</b>	 <b>12</b>
 <b>BAKERS' BASKET</b>	 <b>7</b>
Basket of oven fresh bakeries - croissant, rolls, danish or muffins, or	
Choice of toast – white, rye, raisin, multi-grain or wholemeal, served with jams and honey, butter or margarine	
 <b>BREAKFAST SPECIALTIES</b>	
Two eggs cooked any style, served with grilled tomato, hash browns <i>served with your choice of any one; sausage, bacon, mushroom or ham</i>	17
Omelette with ham, cheese, or mushroom, <i>served with grilled tomato and hash browns</i>	17
Eggs Benedict <i>poached eggs on toasted brioche with honey glazed ham topped with hollandaise sauce</i>	17
Toasted croissant with scrambled eggs and smoked salmon <i>served with grilled tomato and hash browns</i>	17
Sirloin steak 300g <i>served with a fried egg, grilled tomato, mushrooms and country style potato</i>	33
Rice congee <i>served with chicken and condiments ♥</i>	15
Buttermilk pancake or old fashioned waffle <i>served with maple syrup and fresh seasonal fruit salad</i>	14
 <b>FRESH FRUIT JUICE</b>	 <b>5.5</b>
<i>Orange, grapefruit, tomato, pineapple, apple, kiwifruit</i>	
 <b>HOT BEVERAGES</b>	 <b>5</b>
<i>Freshly brewed coffee, speciality coffee, selection of tea, herbal teas and hot chocolate</i>	